

THE LOOK

KATIE HOLMES



Although we first noticed Katie Holmes as a young teen star on Dawson’s Creek, it was her high profile marriage to Tom Cruise and recent high-drama divorce that really got her some attention. Now, Holmes has entered a new life phase. She’s directing, rumoured to be searching out meatier roles, and continuing to be mother to adorable Suri. Meanwhile, she’s looking younger than ever. How does she do it? We asked three experts, who have never worked with Holmes, to give us tips on how to look this fabulous.

FACE

“What stands out about Katie Holmes most is her exquisite skin. You can improve the texture and colour of your skin using a good peel. The best peel I have come across is called the “Perfect Peel” (\$495), a virtually painless, fast-acting peel infused with the antioxidant glutathione, which gives patients clearer, younger looking skin in one week.

“She also has full cheeks and lips. Injectable fillers, like Juvéderm, can be used to fill out deeper folds around the mouth, plump the lips and enhance the cheeks (\$650 per syringe). Cheeks can also be augmented surgically using cheek implants (\$4,000).”

-DR JEROME EDELSTEIN, MD, FRCSC, plastic surgeon, *Edelstein Cosmetic Plastic Surgery of Toronto, plastic-surgery.yourmd.com*

SKIN

“Katie Holmes looks fantastic! Her skin has a luminous, even-toned quality, likely the result of diligent use of sunscreen, a good skin care routine and regular maintenance with treatments that might include microdermabrasion, peels, or IPL treatments.” (Cost of treatments like this start at \$150)

“One of Katie’s best features are her magnetic eyes. Her long dark lashes might be the result of a lash enhancing treatment like Latisse (\$150), a prescription eyelash-growth serum applied topically at night.”

“Katie has few expression lines. Her forehead is smooth, and there are no fine lines or wrinkles around her eyes. Expression lines can be softened or prevented through regular injections of neurotoxins such as Botox or Xeomin every four months, which can also help to lift and shape the brows and create a rested, refreshed look (Cost: starts at approximately \$400).”

-DR. CHANNY MUHN, MD, FRCPC, Dermetics, *Burlington, Ont., www.dermetics.ca*



MAKEUP

“You can get Katie’s gorgeous glow by mixing **1. Giorgio Armani Luminous Silk Foundation** (\$66, Holt Renfrew) with **Giorgio Armani Fluid Sheer** (\$66) to illuminate the skin. To get Katie’s flushed cheek and berry lip use **2. Bobbi Brown Pot Rouge** for lips and cheeks in ‘Rose’ (\$25, Sephora). Buff the cream right on the apples of the cheeks. Apply the cream to the lips and then layer with **3. Bobbi Brown Shimmer Gloss** (\$23) in ‘Rose Sugar’. Recreate Katie’s eyes with **4. NARS’ Eyeshadow Duo** in ‘Brousse’ (\$39, Sephora) to get that mix of mauve and sable on th eye.”

-ANIYA NANDY, makeup and hair artist at *Plutino Group, Toronto; plutinogroup.com*



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